

NOBLE MEALS

GLP-1 TRANSITION RESET PROGRAM

Luxury Website Sales Page

Hero Section

Eat Less. Nourish More. Restore Balance.

Chef-crafted anti-inflammatory meals designed for clients using or transitioning from GLP-1 medications.

Whether you're taking medications such as Ozempic, Wegovy, or Mounjaro, Noble Meals helps you maintain your progress through real food, balanced nutrition, and chef-prepared convenience.

Why Clients Love This Program

- ✓ Starting at \$285/week
 - ✓ Designed for GLP-1 Transition Clients
 - ✓ 20–40g Protein Per Meal
 - ✓ Anti-Inflammatory Mediterranean + Caribbean Inspired Cuisine
 - ✓ Freshly Prepared Weekly
 - ✓ Delivery Throughout Stamford, Greenwich, Darien, New Canaan, Westport, Fairfield, Rye, Larchmont, Scarsdale, White Plains, and surrounding communities
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The Challenge

Many GLP-1 users experience:

- Reduced appetite
- Digestive sensitivity
- Inconsistent protein intake
- Fatigue
- Muscle loss

- Difficulty maintaining results after stopping medication

Without proper nutrition, weight loss can come at the expense of lean muscle and long-term metabolic health.

The Noble Meals Solution

Our chef-designed program focuses on:

Lean Protein

Supports muscle preservation and satiety.

Anti-Inflammatory Foods

Helps reduce inflammation and support overall wellness.

Digestive-Friendly Meals

Smaller portions that are satisfying without feeling heavy.

Sustainable Eating Habits

Designed to help clients transition from medication dependency to lifelong healthy eating patterns.

Sample Weekly Menu

Breakfast

- Turkey Sweet Potato Hash & Eggs
- Greek Yogurt Berry Bowl
- Spinach Tomato Omelet
- Coconut Chia Protein Pudding
- Vegetable Egg Muffins

Lunch

- Mediterranean Salmon Bowl
- Poached Chicken Mediterranean Salad
- Turkey Power Bowl

- Chopped Chicken Salad
- Mediterranean Tuna Salad

Dinner

- Roasted Salmon with Asparagus
- Ground Chicken Stuffed Peppers
- Caribbean Herb Chicken
- Turkey Meatballs with Roasted Vegetables
- Baked Cod with Mediterranean Relish

Snacks

- Mixed Berries & Almonds
- Sun-Dried Tomato Dip & Vegetables
- Apple & Almond Butter
- Hard-Boiled Eggs
- Cucumber & Guacamole

Subscription Plans

Essential Plan

\$285 Weekly

Includes:

- 5 Breakfasts
- 5 Lunches
- 5 Dinners
- 3 Snacks

Ideal for individuals beginning their wellness journey.

Premium Plan

\$325 Weekly

Includes:

- 7 Breakfasts
- 7 Lunches
- 7 Dinners
- 5 Snacks
- 2 Soups

Our most popular option.

Concierge Plan

\$375–\$450 Weekly

Includes:

- Fully customized menu
- Personalized protein goals
- Food preference customization
- Priority scheduling
- Direct chef consultation

Designed for executives, professionals, and clients seeking a highly personalized experience.

What Makes Noble Meals Different?

Chef Prepared

Every meal is crafted by Chef Ariela and her culinary team.

Real Ingredients

No artificial ingredients.

No highly processed foods.

No shortcuts.

Balanced Nutrition

Protein, vegetables, healthy fats, and quality carbohydrates carefully portioned to support your goals.

Local Service

Proudly serving Westchester County and Fairfield County communities.

Client Transformation Promise

Our goal is simple:

Help you build sustainable eating habits that support:

- Healthy weight management
- Energy
- Lean muscle preservation
- Digestive health
- Long-term wellness

without feeling deprived.

Call To Action

Ready to Feel Your Best?

Join the Noble Meals GLP-1 Transition Reset Program.

Real Food. Real Results. Beautifully Prepared.

Call: 646-536-4590

Website: chefariela.com

Weekly Orders Close Friday at 10:00 AM EST